

Good afternoon Parents & Students,

January 19, 2024

DID YOU KNOW?

PRINCIPAL'S CORNER . .

. . . In the PRSd school division, we focus on numeracy and literacy. We believe if students receive educational services from our schools for their 12 years of schooling, all students who graduate from a PRSD school will be literate and numerate. There are many great tools, educators, support staff, wrap-around services and programs that help us guide students to achieve this goal. One of the many great numeracy tools can be found in online interactive games for developing math skills. You can find some helpful math games on websites such as Prodigy. If you're concerned about the amount of screen time your child is getting, but also don't want to continue to fight them about it, perhaps encourage them to use some time to hone their math skills by engaging in these interactive learning games. You can learn more about our divisional focus and support at this [link](#)



BAYTEX - THANK YOU

Thank you to Baytex Energy for your generous contribution to our breakfast/lunch program. Here at T.A. Norris, we know that it's challenging to fill a head with knowledge when the stomach is empty.



6B SWIMMING SESSION

Swimming sessions (1-2pm) begin for 6A on January 23, 24, 25, 26 & 29 , 2024. Remember your Swim gear for each day of this week.



HOT LUNCH PROGRAM

Remember to purchase a \$60 Lunch card (\$6 per meal for 10 lunches) through your SchoolCash Account so your child doesn't run out. Lunch cards will be recorded /tracked in a google document here at the school which will alleviate any lost cards. Students will also be told when they have two lunches remaining on their card; they will need to let you know so you can purchase an additional Lunch Card.

The following will be the new menu starting in the New Year:

MONDAY – Subway (6" - Turkey, Ham or pizza); **TUESDAY** - Hot Dog/Grilled Cheese (fundraiser)

WEDNESDAY – Pasta Day; **THURSDAY** – Taco in a bag; **FRIDAY** - Free Lunch



PRSD COMMUNICATIONS TO FAMILIES

A Divisional Communications Committee has been struck to take a critical look at the Division's communication strategy and make suggestions for improvements. In order to do that, we need your help. Linked below you will find a parent/guardian survey about the communication tools you use to contact your student(s) school or receive information from the school. These surveys are anonymous and the information you provide us with will guide our communication strategy moving forward.

Please consider taking the time to complete this survey by January 31 and thank you in advance for your input! Access the survey here: <https://buff.ly/3Sc2m00>

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Please feel free to visit the school website, <http://www.tanorrismiddleschool.ca>, to check for messages from Teachers, Superintendent Messages and other information that may be of interest to you. Also, if you **Like** us on Facebook, you can be notified of special items that may be of immediate interest. If you have any questions, please feel free to contact us and we will do our best to answer them or find the answers.

ORDER YOUR PINK SHIRT NOW

Available Sizes:
Youth Small, Medium & Large
Adult Small through 4XL
\$12/shirt

USE SCHOOL CASH
ONLINE TO ORDER
YOUR PINK SHIRT
TO WEAR ON
FEBRUARY 28, 2024
FOR PINK SHIRT DAY

DEADLINE TO ORDER:
JANUARY 24

 Peace River
School Division

Cold & Inclement Weather

SCHOOL BUS INFORMATION

The Transportation Manager may cancel buses either individually or collectively when weather and/or road conditions are a safety risk to students. This includes all scheduled field trips.



Buses will not operate when the temperature is -35°C actual or -48°C with windchill or lower at key weather station locations. In the mornings, the Transportation Manager will make this decision at 6 a.m.

If extreme weather conditions arise after students have arrived at their schools, the Transportation Manager may authorize bus drivers to pick up students earlier in the day for the purpose of bringing them home. In this case, the school principal will notify parents and guardians and not permit any elementary student on the bus until their parents or guardians have been contacted.

Should cancellation of bus services occur, the Transportation Manager or designate will post bus cancellations on Bus Planner. All parents and guardians can access Bus Planner through the home page of their school websites, or by visiting prsd.mybusplanner.ca.

If it is unsafe for buses to be on the road, buses will be cancelled. The school principal will notify parents and guardians of the situation and hold students at the school until they can be picked up by a parent or guardian.

Each bus driver is responsible for notifying their route parents of bus service cancellations.



FEAR-LESS

Online

3 DAY WORKSHOP

Sundays

January 28th, February 4th, February 11th

5:30-8pm



- Learn tools to encourage children to express, tolerate, and manage upsetting emotions.
- Learn what anxiety is and how it develops.
- Learn strategies for responding to your child's anxiety.
- Learn about the fear ladder, and how to help your child reach goals they may have.

**Registration
Required**

Call 780-624-0770

**Email:
frn@peaceriver.ca**



Fear-Less isn't about eliminating fear altogether, sometimes fear protects us. Instead, it's about giving your family a toolbox of strategies, skills, and knowledge to manage anxious feelings and stop unnecessary worrying.

GROUP TEEN TRIPLE P

ALL YOU WANT TO KNOW ABOUT PARENTING TEENS (10 to 16 years)

IS THIS YOUR FAMILY?

Your teen's behavior has become too much for you to handle. At home, there's probably a lot of shouting and very little agreement. Or maybe you don't bother trying to talk anymore. But you are worried. Where will this all end?

Or, maybe it isn't that bad. It's just that you realize things can change very quickly. So you're keen to know as much as possible about positive parenting so you'll be prepared if hassles arise.

Either way, Group Teen Triple P can give the support you need.



**CLICK THE QR CODE TO BEGIN
THE REGISTRATION PROCESS.**



ONLINE

**January 29-March 25
6:30-8:00 pm**



**OR CALL THE FRN AT
780-624-0770**



Peace Region

Alberta Provincial Family
Resource Networks

Family Resource Network



Circle of Security

Saturdays, February 10th-March 23rd

11am-12:30pm

@ Baytex Energy Centre Meeting Room

***Child care provided**

***Registration required, call 780-624-0770 to sign up**

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting program is based on decades of research.



This program will help caregivers to:

***Understand** their child's emotional world by learning to read emotional needs.

***Support** their child's ability to successfully manage emotions.

***Enhance** the development of their child's self esteem.

***Honor** the innate wisdom and desire for their child to be secure.

Are you ready to challenge yourself as a performer this year?



Time is quickly running out to register for the North Peace Performing Arts Festival March 10-23, 2024

Festival is not just about music. It's about setting goals, learning techniques that help control anxiety, getting up on an empty stage and showing confidence even if you're trembling inside. It's about getting feedback from an adjudicator who helps you improve so you can do even better next time. It's about integrity and growth. Let us help you become the best you can be!

Voice: Classical, Folk, Sacred, Popular, Musical Theatre Solos, Duets, Choirs ...

Instrumental: Piano, Violin, Flute, Horns, Recorders ... if you play it, there are classes in the syllabus for you.

School Ensemble: Bands, Handbells, Classroom groups ...

Speech: Creative Storytelling, Persuasive Speeches, Poetry, Prose, Monologues, Reader's Theatre ...

*Go to www.northpeacefestival.ca
and click on the Register Tab to view the
provincial syllabus and local syllabus.
Entry Deadline: January 20, 2024*

New to the Festival Experience?
Contact us now so we can help get you started.
northpeacefestival@gmail.com

