

PRINCIPAL'S CORNER ...

... that the town of Peace River offers many excellent connection opportunities and physical activities for your children that can happen inside during these cold days? Giving children physical and mental creative outlets is essential to stimulating growth and helping with unwanted behavioural

challenges. It can be challenging during the colder days to find something for them. If you find yourself in these positions, be sure to check out many facilities in town that offer indoor activities for children, such as (but not limited to) Baytex Energy Centre, Gymnastics Club, Peace River Library, Peace River pool, Ground Level Youth Centre, Curling Club, and many other local youth and kids clubs that run throughout town. You can find some things our town has to offer on its website.

Stay active and engaged during these cold snaps, and stay safe and warm!



HOT LUNCH PROGRAM

Remember to purchase a \$60 Lunch card (\$6 per meal for 10 lunches) through your SchoolCash Account so your child doesn't run out. Lunch cards will be recorded /tracked in a google document here at the school which will alleviate any lost cards. Students will also be told when they have two lunches remaining

on their card; they will need to let you know so you can purchase an additional Lunch Card. The following will be the new menu starting in the New Year:

MONDAY – Subway (6" - Turkey, Ham or pizza); TUESDAY - Hot Dog/Grilled Cheese (fundraiser) WEDNESDAY – Pasta Day; THURSDAY – Taco in a bag; FRIDAY - Free Lunch



6A SWIMMING SESSION

Swimming sessions (1-2pm) begin for 6A on January 16, 17, 18, 19 & 22, 2024. Remember your Swim gear for each day of this week. ALSO - 5 & 6 FR make up classes will be on Tuesday & Wednesday.



CAMO DAY

Friday, 12th, is a School Spirit Day - show your spirit and wear your favorite camouflage outfit!

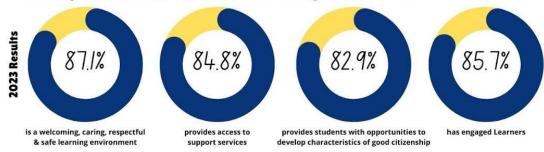
Please feel free to visit the school website, http://www.tanorrismiddleschool.ca, to check for messages from Teachers, Superintendent Messages and other information that may be of interest to you. Also, if you **Like** us on Facebook, you can be notified of special items that may be of immediate interest. If you have any questions, please feel free to contact us and we will do our best to answer them or find the answers.

. 2





Percentage of Students, Parents and Staff who agree the PRSD..



Parents, please be on the lookout for a letter from the Alberta government containing a survey about our school division. The surveys generally come to parents of Grade 4, 7 and 10 students, but have come to parents of other grades as well.

This survey is important to our Division, and we value your honest feedback. The more people we have completing these surveys, the more accurately the results reflect the Peace River School Division.

When completing your survey, please try to avoid answering "I don't know" as this response gives the PRSD a negative result on the survey. If you have

questions, please reach out to your school's principal for clarification. They would really appreciate talking with you.

Student success is incredibly important to us. As you may know, our funding is based on student enrollment. The higher the enrollment, the more supports we can receive and the better we can serve our students and communities. For a snapshot of the data collected through the 2023 survey, check out the graphics included above.

Thank you in advance for taking the time to fill out the surveys and for returning them to the government on our behalf.

WATCH FOR THIS ENVELOPE IN THE MAIL!



Adam Murray, Superintendent of Schools

Cold & Inclement Weather

SCHOOL BUS INFORMATION

The Transportation Manager may cancel buses either individually or collectively when weather and/or road conditions are a safety risk to students. This includes all scheduled field trips.

If extreme weather conditions arise after students have arrived at their schools, the Transportation Manager may authorize bus drivers to pick up students earlier in the day for the purpose of bringing them home. In this case, the school principal will notify parents and guardians and not permit any elementary student on the bus until their parents or guardians have been contacted.

If it is unsafe for buses to be on the road, buses will be cancelled. The school principal will notify parents and guardians of the situation and hold students at the school until they can be picked up by a parent or guardian. Buses will not operate when the temperature is -35°C actual or -48°C with windchill or lower at key weather station locations. In the mornings, the Transportation Manager will make this decision at 6 a.m.

Should cancellation of bus services occur, the Transportation Manager or designate will post bus cancellations on Bus Planner. All parents and guardians can access Bus Planner through the home page of their school websites, or by visiting prsd.mybusplanner.ca.

Each bus driver is responsible for notifying their route parents of bus service cancellations.



FEAR-LESS

Online 3 DAY WORKSHOP

Sundays
January 28th, February 4th, February 11th

5:30-8pm



- Learn tools to encourage children to express, tolerate, and manage upsetting emotions.
- Learn what anxiety is and how it develops.
- Learn strategies for responding to your child's anxiety.
- Learn about the fear ladder, and how to help your child reach goals they
 may have.

Registration Required

Call 780-624-0770

Email: frn@peaceriver.ca



Fear-Less isn't about
eliminating fear altogether,
sometimes fear protects us.
Instead, it's about giving your
family a toolbox of strategies,
skills, and knowledge to
manage anxious feelings and
stop unnecessary worrying.



Feace Region

Family Resource Network



GROUP TEEN TRIPLE P

ALL YOU WANT TO KNOW ABOUT PARENTING TEENS (10 to 16 years)

IS THIS YOUR FAMILY?

Your teen's behavior has become too much for you to handle. At home, there's probably a lot of shouting and very little agreement. Or maybe you don't bother trying to talk anymore. But you are worried. Where will this all end?

Or, maybe it isn't that bad. It's just that you realize things can change very quickly. So you're keen to know as much as possible about positive parenting so you'll be prepared if hassles arise.



CLICK THE QR CODE TO BEGIN THE REGISTRATION PROCESS.





Either way, Group Teen Triple P can give the support you need.



OR CALL THE FRN AT 780-624-0770



ONLINE
January 29-March 25
6:30-8:00 pm





Feace Region



Family Resource Network



Circle of Security

Saturdays, February 10th-March 23rd 11am-12:30pm

@ Baytex Energy Centre Meeting Room

- *Child care provided
- *Registration required, call 780-624-0770 to sign up

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting program is based on decades of research.



This program will help caregivers to:

- *Understand their child's emotional world by learning to read emotional needs.
- *Support their child's ability to successfully manage emotions.
- *Enhance the development of their child's self esteem.
- *Honor the innate wisdom and desire for their child to be secure.











Time is quickly running out to register for the North Peace Performing Arts Festival March 10-23, 2024

Festival is not just about music. It's about setting goals, learning techniques that help control anxiety, getting up on an empty stage and showing confidence even if you're trembling inside. It's about getting feedback from an adjudicator who helps you improve so you can do even better next time. It's about integrity and growth.

Let us help you become the best you can be!

Voice: Classical, Folk, Sacred, Popular, Musical Theatre Solos, Duets, Choirs ...

Instrumental: Piano, Violin, Flute, Horns, Recorders ... if you play it, there are classes in the syllabus for you.

School Ensemble: Bands, Handbells, Classroom groups ...

Speech: Creative Storytelling, Persuasive Speeches, Poetry, Prose, Monologues, Reader's Theatre ...

Go to www.northpeacefestival.ca and click on the Register Tab to view the provincial syllabus and local syllabus.

Entry Deadline: January 20, 2024

New to the Festival Experience?

Contact us now so we can help get you started.

northpeacefestival@gmail.com

