



## **ADDICTIONS OUTPATIENT COUNSELLING**

INFORMATION | PREVENTION | TREATMENT

**Are you worried about your own or someone else's use of alcohol, nicotine, other drug, or gambling problems?**

**Outpatient counselling services are available to individuals (adults, children, youth, family and friends) seeking help in overcoming problems associated with substance use or gambling.**

### **Addictions Outpatient Treatment involves:**

- Counselling
- Screening and assessment
- Treatment planning and goal setting
- Referral to detox and/or residential treatment when appropriate
- Pre and post counselling for individuals attending detox and residential addictions programs
- Relapse prevention skills training
- Referral to community programs

All services are person-centered, involving individuals in all stages of treatment planning and decision-making.



[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

### **PEACE RIVER ADDICTION SERVICES**

**Office hours:  
Monday – Friday  
8:00am – 4:30pm**

**Addiction & Mental  
Health Building  
10015 – 98 Street  
Peace River**

**Fairview Community  
Health Centre  
10628 -110 Street  
Fairview**

**Outreach Office:  
Manning – Tuesday  
Manning Community  
Health Centre**

**Addictions Walk-in  
Appointments  
Peace River – Thursday  
Fairview – Thursday**

*\*pre-bookable*

For more information or  
to schedule an  
appointment with an  
addictions counsellor call  
**780-624-6151**

Outpatient services are  
voluntary, confidential,  
and free of charge.