VAPING AN OVERVIEW

VAPING PRODUCTS

E-cigarettes, vapes, vape pens, mods (box or pod), tanks, e-hookahs

PARTS OF A VAPING DEVICE

MOUTHPIECE

ATOMIZER

heats the e-juice to make vapour



TANK/CARTRIDGE

a chamber that holds the e-juice BATTERY

heats the atomizer



E-JUICE

usually contains nicotine and other chemicals

WHAT'S IN THE VAPOUR?

Flavours

Nicotine none to very high amounts)



 Volatile Organic Compounds (VOCs)

- Carbonyls
- · Tiny particles

 Many toxic heavy metals







Chromium, Nickel, Lead



MEALTH EFFECTS OF MICOTINE

Alters brain development



Negatively affects memory, concentration, and mood



Increases anxiety and stress



Increases heart rate and blood pressure



Highly addictive







