

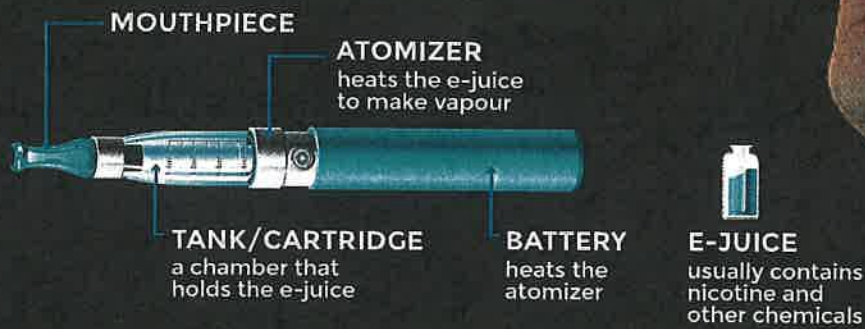
VAPING

AN OVERVIEW

VAPING PRODUCTS

E-cigarettes, vapes, vape pens, mods (box or pod), tanks, e-hookahs

PARTS OF A VAPING DEVICE



WHAT'S IN THE VAPOUR?

Flavours



E-juice

+

Nicotine

(none to very high amounts)



+

• Volatile Organic Compounds (VOCs)

- Carbonyls
- Tiny particles

+

Many toxic heavy metals



Chromium, Nickel, Lead

=



HEALTH EFFECTS OF NICOTINE

Alters brain development



Negatively affects memory, concentration, and mood



Increases anxiety and stress



Increases heart rate and blood pressure



Highly addictive

