

## **Day Treatment Program**

Offered one day per month at the Addictions Office. Registration required.

## **“12 O’Clock, Let’s Talk” Addictions Support Group**

For individuals who have concerns about alcohol, other drugs, tobacco and gambling or who have concerns about someone else’s use.

Friday lunch hour (12-1pm)  
Room 314 Addiction Services  
Drop-in

## **Outreach Offices**

Outreach offices are located in Fairview and Manning. They provide services on the following day:

**Fairview – Thursday** – Fairview  
Provincial Building

**Manning – Monday** – Manning  
Community Health Centre

Appointments for these offices can be made by calling the Peace River Area Office at 780-624-6151 or toll free by calling 310-0000 then 780-624-6151.

**Phone** **780-624-6151**  
Fax.....780-624-6565

Bag 900-8  
10015-98 Street  
Peace River, Alberta T8S 1T4

**Hours**  
Monday to Friday.....8:00am to 4:30pm

## **Helplines 24/7**

**Addictions.....1-866-332-2322**

**Mental Health.....1-877-303-2642**

**Health Link .....811**

## **Websites**

[www.myhealth.alberta.ca](http://www.myhealth.alberta.ca)

[www.ahs.ca](http://www.ahs.ca)

[www.albertaquits.ca](http://www.albertaquits.ca)

# Addiction Services Peace River



**Addiction & Mental Health Services**



Revised January 2020



## No Waitlist

Addiction counsellors return calls within 24 hours and schedule appointments within 1-2 weeks.

Addiction Services help Albertans who have concerns about alcohol, tobacco, other drugs, and gambling.

Addiction Services offer information, prevention, and treatment services in Peace River and surrounding communities.



## Information

**Library** Peace River Addiction Services offers a variety of resources (fact sheets, brochures and books) for adults, children, youth, parents and teachers. Fact sheets and brochures are free of charge and available at our office. Books are available for a two-week loan.

**Toll-Free Help Line** The Help Line offers information, support and referral regarding alcohol, tobacco, other drugs and gambling. The Help Line operates 24 hours a day, seven days a week. Call toll-free at 1-866-332-2322.

## Prevention

The focus of our prevention services is to raise awareness and understanding of alcohol, tobacco, other drug and gambling-related issues.

- Working closely with local groups, agencies, schools and employers, provide support to projects aimed at mobilizing the community to prevent and address these issues.
- Resource packages targeting children, youth, seniors, the workplace and parents are available to group facilitators and teachers.
- Training and consultation services are available to professionals working with people who experience alcohol, gambling, and other drug-related issues.

## Youth Services

### Information. Prevention. Treatment.

- Assessment, outpatient counselling and referral to treatment (when appropriate) for youth.
- Educational workshops and seminars for teacher, students and parents.
- Day treatment programming offered bimonthly.
- “Let’s Talk” peer group (schedule will vary at participating schools).
- School Strategy includes curriculum support materials available online or through the area office.

## Treatment

Are you worried about your own or someone else’s alcohol, other drug or gambling problems? Outpatient counselling services are available to individuals, family members and others (adults or youth) seeking help in overcoming problems associated with alcohol, other drugs or gambling.

- Clients participate in an assessment that examines how substance abuse or gambling affects their lives.
- This information assists in identifying the most appropriate treatment.
- The counsellor and client design a personal treatment plan for continuing care.
- Referrals can be made to detoxification programs where appropriate.
- Outpatient services are confidential and free of charge, and admission is voluntary.
- Fees are charged for most residential services and for the Business & Industry Clinic.